

# A Brief History of Sleep

W. Mark Sutherland

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A psychological process which, according to our account, indicates the place of psychology in the mind. It will follow the path of reality, pleasure, aperture, angle, transparency, identification, narrative transparency, and intrinsigent.

1. narrative transparency  
 2. identification  
 3. transparency  
 4. angle, diastole  
 5. aperture  
 6. pleasure  
 7. reality

# The Science Of Freud

W. Mark Sutherland

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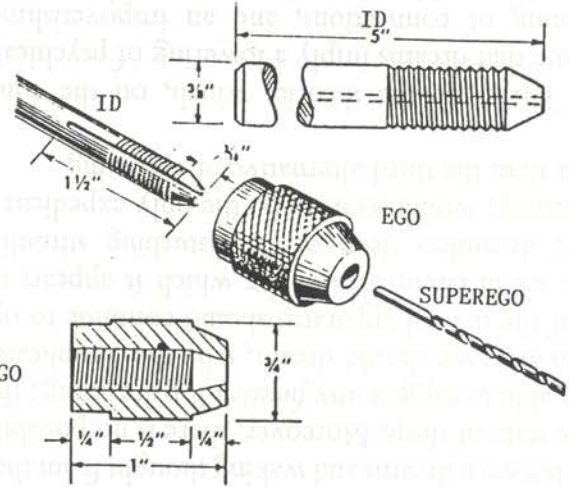
The Science Of Freud

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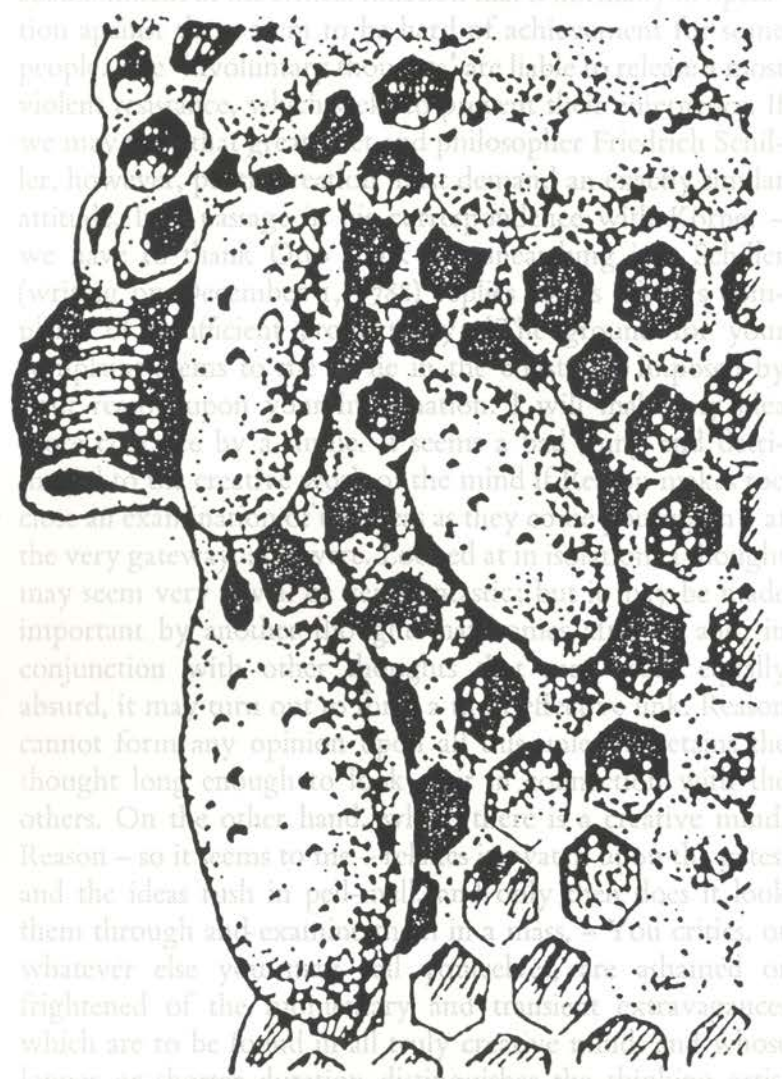


The Science of Freud





66. 5/11



Nevertheless, what Schiller describes as a relaxation of the watch upon the gates of Reason, the adoption of an attitude of uncritical self-observation, is by no means difficult. Most

### The Science of Freud

**Method;** his most prized possession was a couch, was a couch full of painful childhood memories, memories and strict, strict morality. It was medicine; a talking cure pressing in on the head, the head filled with hysterical dreams. seduced, seduced by the past, the mind became a laboratory bombarded by neurons, bombarded by neurons and the movement of sexual, sexual energy, energy. under a sleepy disguise random, random brain waves associate freely, dispelling the myth, dispelling the myth of mental illness. the interaction of language patterns, of language patterns were fixed to ordinary, ordinary experience.

**Material;** SEXUAL ENERGY      SEXUAL ENERGY  
BEHAVIOURAL MOTIVES      BEHAVIOURAL MOTIVES  
NEGLECTED ANXIETIES      NEGLECTED ANXIETIES

**Result;** The body perfect, the body perfect the unconscious/preconscious/conscious was diseased.

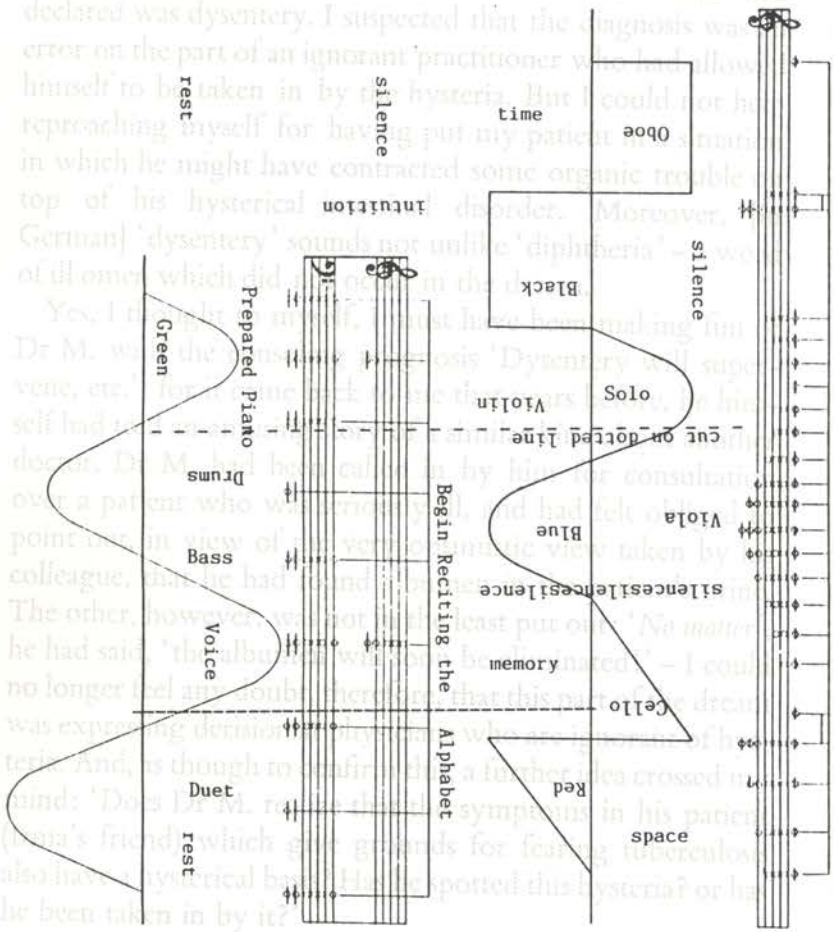
DNA, DNA, DNA,  
was not the ideology, it was, it was the historical context. the scientific method was pure literature, pure literature and the couch, the couch was an antidote to every heretics stuttering, stuttering dream.





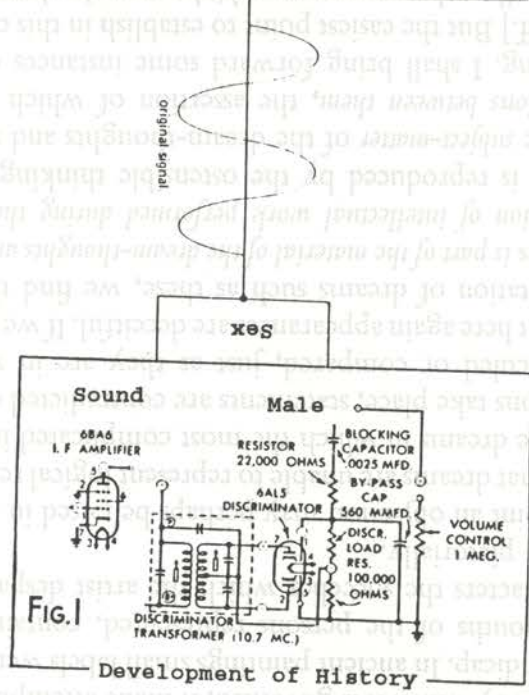
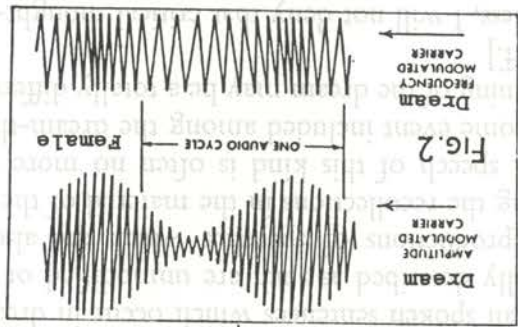


I Dream The John Cage Polka



But what could be my motive for treating this friend of mine so badly? That was a very simple matter. Dr M. was just as little in agreement with my 'solution' as Irma herself. So I had already revealed I Dream The John Cage Polka on Irma with the words 'If you still get pains, it's your own

thought-activity is not produced by the dream-thoughts but the present discussion. It will then become apparent that this have to elucidate Schematic of Marconi's Dream



these two forms of art manipulate in their effort to express of expression by which it is governed, it made attempts to get over this handicap. In the present discussion, it will then become apparent that this



Another interesting example of condensation in this dream was the mention in it of 'propyls' [p. 192 ff.]. What was contained in the dream-thoughts was not 'propyls' but 'amyls'. It might be supposed that a single displacement had taken place at this point in the construction of the dream. This was indeed the case. But the displacement served the purpose of condensation, as is proved by the following addition to the analysis of the dream. When I allowed my attention to dwell for a moment longer on the word 'propyls', it occurred to me that it sounded like 'Propyläen'. But this explains not only in Athens but in Munich. A year before I had just returned from Munich to Vienna and was enthusiastically at the time - the same friend who was unmistakably alluded to in the dream by the word 'methylanin' which occurred immediately after 'propyls'.

*Handwritten scribble:* D.T. MA

I shall pass over the striking way in which here, as elsewhere in dream-analysis, associations of the most various inherent importance are used for laying down thought-connections as though they were of equal weight, and shall yield to the temptation to give, as it were, a plastic picture of the process by which the amyls in the dream-thoughts were displaced by propyls in the dream-content.

On the one hand we see the group of ideas attached to my friend Otto, who did not understand me, who sided against me, and who made me as a forged etching. On the other hand we see the former group by its very contrast - the group of ideas attached to my friend in Berlin [Wilhelm Fliess], and me, who would take my side, and to whom he interrogates the contents of his stomach. Before Dalt goes to Bed...

The recent exciting causes - the actual instigators of the dream - determined what was to attract my attention in the 'Otto' group; the amyl was among these selected elements.

[A continuation of the model of the Athenian one.]

### Visual Diagnosis of Patient's Relationships With Others



father



mother



cat





The dreamer may describe the position in such a phrase as: 'My mother was there as well.' (Stekel.) An element of this kind in the dream-content may be compared to the 'determinatives' used in hieroglyphic script, which are not meant to be pronounced but serve merely to elucidate other signs.

The common element which justifies, or rather causes, the combination of the two persons may be represented in the dream or may be omitted from it. As a rule the identification or construction of a composite person takes place for the very purpose of avoiding the representation of the common element. Instead of saying: 'A has hostile feelings towards me and so has B', I make a composite figure out of A and B in the dream, or I imagine A performing an act of some other kind which is characteristic of B. The dream-figure thus constructed appears in the dream in connection, and the circumstances which justify B justify me in inserting at the same time the element which is common to both. You must bribe the garbage collector with this trash, so that he will pickup the tiny pieces of plastic scattered at your wedding.

It is often possible in this way to achieve condensation in the content of a dream. I can give a direct answer for giving a direct answer to a complicated circumstance relating to your wife's infidelity, a fractured sentence, smoke damage, or a snap shot of a silver rattle snake.

remind you of bad hair cuts, your wife's infidelity, a fractured sentence, smoke damage, or a snap shot of a silver rattle snake.

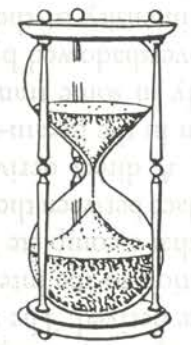
as you betray your class and the mouth becomes a ghost and the legs full of alcohol punching you into submission. Well this method of identification can serve to condense the dream.

Another Nightmare - Fascist Conflict #2  
 some say  
 you get smaller  
 as you betray your class  
 and the mouth becomes a ghost  
 and the legs full of alcohol  
 punching you into submission.  
 the legs full of alcohol  
 and dull experience  
 remind you of bad hair cuts,  
 your wife's infidelity,  
 a fractured sentence,  
 smoke damage,  
 or a snap shot  
 of a silver rattle snake.

**Rene Magritte's Recurring Nightmare**



friend



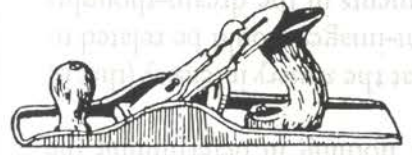
work



lunch



sleep



music



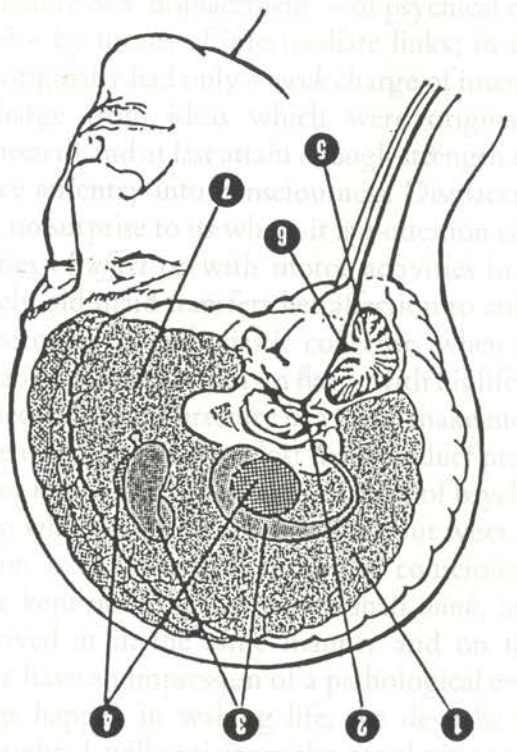
lover





A psychological process by which, according to our account, indifferent experiences take the place of psychically significant ones, cannot fail to be a reality

fiction 7  
 pleasure 6  
 closure 5  
 single derealization 4  
 transparency 3  
 foregrounding 2  
 estrangement 1  
 narrative intrinsigent



Schematic of Luis Bunuel Asleep

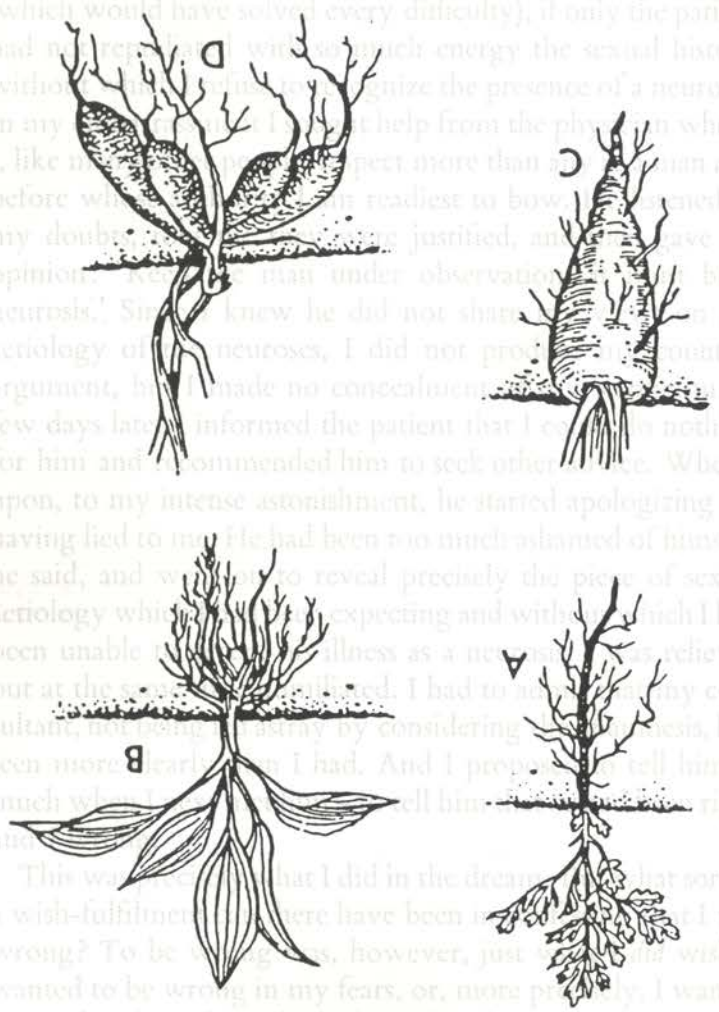
1. [Charged with psychical energy. See Illus's Introduction, p. 40 ff]



A BRIEF HISTORY OF SLEEP  
 by Luis Buñuel  
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of my working year. I began the treatment of a new patient who quite baffled me. The presence of a grave organic disease of the spinal cord - strongly indicated - could not be established. It would have been desirable to diagnose a neurosis (which would have solved every difficulty), if only the patient had not refused to give up his energy the sexual history without which I could not recognize the presence of a neurosis. In my opinion, I should have helped from the physician whom I, like most of us, respect more than any other man and before whom I am the readiest to bow. I was inclined to my doubts, but I was justified, and I gave his opinion. The man under observation was to be a neurosis. Since I knew he did not share the aetiology of most neuroses, I did not produce a counter-argument, but I made no concealment. A few days later he informed the patient that I was doing nothing for him and recommended him to seek other help. Whereupon, to my intense astonishment, he started apologizing for having lied to me. He had been too much ashamed of himself, he said, and wished to reveal precisely the picture of sexual aetiology which I was expecting and with which I had been unable to deal. His illness as a neurosis was relieved but at this point I had to admit that I had to advise my consultant to consider the possibility of a neurosis, had seen more early than I had. And I proved to him as much as I could. I told him that I had not been right at all.

- A - Tap root dream
- B - Fibrous root dream
- C - Fleshy root dream
- D - Tuberos root dream



On Analysing The Roots of Dreams

This was what I did in the dream. I was not sort of a wish-fulfillment. There have been times when I was wrong? To be wrong is, however, just what I wish. I wanted to be wrong in my fears, or, more precisely, I wanted my wife, whom I had adopted in the dream, to be wrong. The subject round which the question of right or wrong revolved in the dream was not far removed from what

astonishment at this was quickly halted by the reflection that I found that the old ones are included among the new. My present, usually far more copious, yield, and I have always thought that I should have been able to do this with the dream-records which previously obstructed me. When making a dream in the morning I have overcome some of the internal resistance which was a recent expectation of this kind after this long interval than it did at the time when the dream was first made. These attempts are, however, more the purpose of obtaining more material in illustration of my two years later, I have arranged to do this for them for or had left entirely uninterpreted. And now, in one and the same dream I had not been able to interpret the time of a large number of my own dreams which I have records in respect of their retention in my mind. I have means to their retention in my mind.

Carl Jung's Missing Notes  
On Trying To Remain Human In Detroit

- 1.
- 2.
3. souvenir ashtrays
- 4.
- 5.
6. eye lids like sticky piano keys
- 7.
8. a bankrupt undertaker
- 9.
- 10.
11. frightened saliva
- 12.
13. fat roses
- 14.
- 15.
16. fear of vowels
- 17.
18. the fresh plaster sky dripping...
19. a smashed thermometer
- 20.
21. men made of felt
- 22.
- 23.
24. a nervous accordion
- 25.
- 26.
27. an Armenian pizza vendor
- 28.
- 29.
- 30.

the reader suppose to account for the forgetting of dreams. Morton Prince (1910 [141]) has objected to my explanation of the forgetting of dreams on the ground that that forgetting is only a special case of the amnesia attaching to dissociated mental states, that it is impossible to extend my explanation of this special amnesia to other types and that my explanation is consequently devoid of value even for its immediate part. His readers are thus reminded that in the course of all the descriptions of these dissociated states he never attempted to discover a dynamic explanation of them. If he had done so, he would have found that the forgetting of dreams is a special case of the amnesia attaching to dissociated mental states, that it is impossible to extend my explanation of this special amnesia to other types and that my explanation is consequently devoid of value even for its immediate part. His readers are thus reminded that in the course of all the descriptions of these dissociated states he never attempted to discover a dynamic explanation of them.